Welcome to Skydive Tilstock Freefall Club.

www.skydivetilstock.co.uk

Tilstock Airfields Whitchurch Shropshire SY13 2HA

Tel 01948 841111

Dear Skydiver

Please read this info pack. It will give you a good idea on what a tandem skydive is and what is involved as a Tandem Student.

Tandem Skydiving

A tandem skydive is the easiest, most hassle-free way to make your first parachute jump. You experience the thrill of free-fall skydiving and enjoy a long parachute descent. You are securely attached to your instructor, in a dual harness, who will give you a taste of what skydiving is all about. Because the tandem instructor takes control of vital functions such as opening the tandem parachute and landing, your preparation for the jump just takes about 20 minutes.

You will receive a safety briefing from one of our tandem instructors. The instructor will explain, in detail:

- How to exit the plane.
- Your freefall position.
- What you are expected to do when reaching the ground.
- He will talk about the parachute equipment used and the harness you will wear.
- You will demonstrate to the instructor your exit position, freefall position and landing position.

The parachute equipment used for a tandem skydive is specially designed for two people. The parachute is over double the size of sports parachute equipment. The harness you wear is attached at four points to the front of your instructor.

When it is time to do your skydive, you will be supplied with a jumpsuit to go over your clothes, a pair of goggles and some headwear. We suggest you wear something loose fitting but comfortable underneath the jumpsuit. Jogging bottoms or tracksuit bottoms are good. Trainers are perfect for footwear. Once you are kitted up in your jumpsuit and wearing your harness, you will go and wait in an area we call the Pen. It is an area where you get checked out before you board the plane.

You will experience a 20-minute flight to ten thousand feet. The views out of the large windows on a clear day are breath taking. You can see the whole of the Wirral, Liverpool, Snowdon and beyond. You will exit the aircraft and like the tandem student in the photo, you can experience the exhilarating skydive. Depending on your brief, you can use the opportunity to control the parachute. Your parachute descent starts at 5,000 feet. This is the ultimate skydiving experience.

Prerequisites for Tandem Skydiving

Parachutists need a reasonable standard of physical fitness and must notbe overweight in relation to their height.

Please note that the minimum age for parachuting is 16 and the maximum weight is 15 stones (95 kg) and not overweight for your height. The maximum age for Tandem Skydiving is 70. Anyone under 18 must have the written consent of a parent or guardian (BPA Form 106).

We have minimum fitness requirements. All participants must be physically fit, fully self-mobile with a full range of mobility and able to lift their knees to their chest unaided. Conditions and disabilities that reduce mobility are not suitable for skydiving. Please contact the club if you are unsure as participants are assessed on arrival and will not be able to jump if the minimum fitness requirements are not met.

Any person aged 60 or over will require form 115b signed by a GP.

Please read forms Form 115a - Tandem Student Parachutist Medical Information and Declaration and Form 115b - Student Tandem Parachutist Request for Medical Advice.

We must have the completed consent/medical prior to commencing the training course.

The MAXIMUM weight is 15 stones (95 kg.) for Tandem skydives and that is relative to your height. See chart below.

If you are unsure please call the club on 01948 841111

TANDEM WEIGHT RESTRICTIONS

Height Feet/Metres		Weight Stone/Kg	
5 feet	or 1.52m	no more than 67kg	or 10st 7
5' 1"	or 1.55m	no more than 69kg	or 10st 12
5' 2"	or 1.57m	no more than 71kg	or 11st 2
5' 3"	or 1.60m	no more than 74kg	or 11st 8
5' 4"	or 1.63m	no more than 76kg	or 12st
5' 5"	or 1.65m	no more than 78kg	or 12st 4
5' 6"	or 1.68m	no more than 81kg	or 12st 10
5' 7"	or 1.70m	no more than 83kg	or 13st
5' 8"	or 1.73m	no more than 85kg	or 13st 6
5' 9"	or 1.75m	no more than 88kg	or 13st 12

Height Feet/Metres		Weight Stone/Kg	
5' 10"	or 1.78m	no more than 90kg	or 14st 3
5' 11"	or 1.80m	no more than 92kg	or 14st 7
6' or more	or 1.80m or more	no more than 95kg	or 15st

Tandem Skydiving Prices

Saturday or Bank holiday Monday 10,000ft Skydive

The cost of your skydive experience will be £290**. This price includes your flight only ticket invoiced separately at £100*.

Thursday Friday 10,000ft Skydive

The cost of your skydive experience will be £250**. This price includes your flight only ticket invoiced separately at £100*.

Thursday Friday 8000ft Skydive

The cost of your skydive experience will be £200**. This price includes your flight only ticket invoiced separately at £100*.

Thursday Skydives are carried out on the first and third Thursday of the month, book video and get a free upgrade to 10000 feet.

Tandem High Definition Video/Stills Packages

You can have you tandem skydive videoed by one of our club member cameramen and this is arranged with them directly.

£100 Video on USB Stick or Stills

£150 Video on USB Stick and Stills

Let us know in advance if you want this option Telephone 01948 841111